



Mr. Robert Nuckles
2017

Character
Defects



Projection - Growth
Anger - Pride
EGO
Humility
Expectations

Resentment

A Persistent
Ill will or bitterness
toward things
or People!
A Strong Feeling
Very over Powering

Leading into
Hostile Feelings

Aggressive
behaviour,



anger like
a sudden
Emotion!!

Control

Self worth
Acceptance
Genuine
Focus
Trust Self

Lack of
Reality,
low self esteem
Victim
validation

Fear

Change Your
mind.

Problems

Drugs

Messiah
syndrome



destined to
become a
savior.
responsible
for assisting
others

Do not do
anything else
to another
person, you
would not do
to yourself,
This comes along
with having
humility, mercy
and compassion

Solutions

Listening
Concentrate
Communicating

Change
Self Esteem
Patience
mirror

Health
mental
issues
after
care

Family
Employment
Financial
Relationship

Recovery

I.D
the set of
uncoordinated
instinctual
trends, The
Super ego plays
the organized
realistic part
that mediates

between the
desires of the
I.D and the
super ego.
Ego, Pleasare
Principle
demands
mediate
GRAIFICATION.

Super Ego
morals
conscience
DIFFERENCE
will Power
honesty

Spiritually
Connected
a connection
or deep attraction
felt between
two people.
Go's beyond

Superficial
Personality
Discernment
is nothing more
than the ability
to decide between
truth and error
right and wrong

Go.D of my
understanding
Seeking His
understanding
of his will
Not mine!

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Powerless

There was
A Demon"
I called Him
DARKNESS!!



Who had a
Companion
his name
is SHAME:



I often
lived with
them: Do to
There leader
MR.
Alcohol

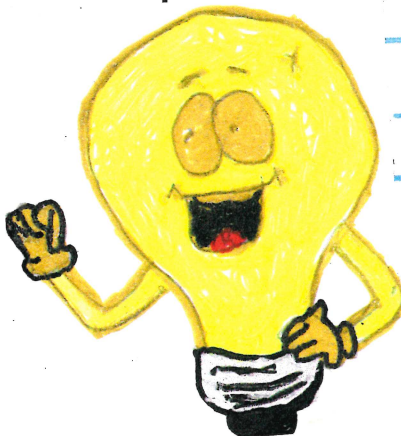


MR. Alcohol, Shared
his thoughts, with
His Companion
MR.
Depression!!



I wake up"
I see light"

His
NAME
IS
G.O.D




G.O.D SAYS to
me" Go now and
Find my servant"
Her name is
Surrender!!

Surrender will
introduce you to
"Serenity"
where you will find
Peace of Mind"



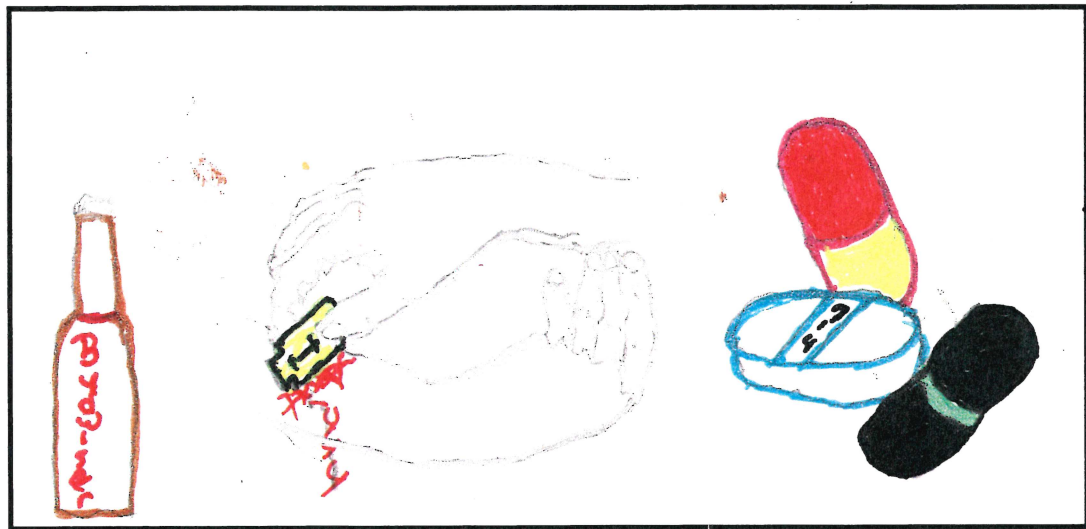
Mr. Robert Nuckles

Hopeless



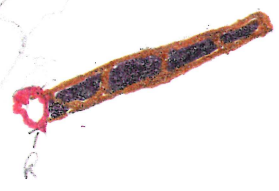
The Scariest Part!! I was addicted to something!!

Whether it was Alcohol"
Self
Harm
Or Drugs!!




I knew when I said to myself!!

This is my last time Smoking marijuana!



This is my last Drink!!



But the truth was I could not just simply stop" my addiction became, my Obsession!!

Courage

Courage is the Strength to Stand UP




Courage is the will to SHAPE OUR World

It is the recognition that none of us are Perfect




Courage is the Power to Step Forward and lead
It is the Spirit that Places You on



top of a Mountain

Courage is the Freedom of our mind Body And Soul

